

ANGUS COUNCIL

POLICY & RESOURCES COMMITTEE – 10 SEPTEMBER 2002

CONSULTATION ON THE PHYSICAL ACTIVITY TASK FORCE REPORT

REPORT BY CHIEF EXECUTIVE AND DIRECTOR OF LEISURE SERVICES

ABSTRACT

The Council has been invited to comment on the proposed strategy for physical activity in Scotland by the Physical Activity Task Force.

1. RECOMMENDATION(S)

It is recommended that the Committee agree to note the contents of the report and approve the attached response to the Physical Activity Task Force.

2. BACKGROUND

The national Physical Activity Task Force which was set up by the Minister for Health has developed a strategy for physical activity in Scotland, and they are keen to receive our views on the Strategy before it is presented to Scottish ministers and the Scottish Executive later this year. This strategy is only the first stage in a longer process and they are not expecting the Council to implement recommendations at this stage. However they are keen to have our views on whether the broad framework and principles reflect what we believe needs to be at the core of a strategy to raise levels of physical activity in Scotland. It is proposed that action plans will be developed at a later stage.

A short life working group formed from senior officers across departments and chaired by the Director of Leisure Services was convened to draft a corporate response to the strategy.

The strategy contains a set of Values, Visions, Goals and Strategic Objectives:

Values

- Long-lasting structures and programmes of work
- Equal opportunities and access, regardless of age, sex, race, religion, social class, ability, disability or geographic location.
- Working in partnership and sharing responsibilities.
- High-quality development influenced by evidence where it exists and experimentation and research where it does not.

Vision

- People in Scotland will enjoy the benefits of having a physically active life.

Goal

- To increase and maintain the proportion of physically active people in Scotland.

Strategic Objectives

- To develop and maintain long-lasting, high quality physical and social environments to support inactive people to become active.
- To provide accurate and evidence-based advice to staff who are involved in government policy and service delivery and who work in the voluntary and private sectors.
- To raise awareness and develop knowledge and understanding about the benefits of physical activity and provide access to information.
- To carry out research, monitoring and evaluation.

The target for the Physical Activity Strategy is to achieve 50% of all adults aged over 16 and 80% of all children aged 16 and under meeting the minimum recommended levels of physical activity by 2022. To meet this goal will need average increased of 1% a year across the population.

3. FINANCIAL IMPLICATIONS

There are no financial implications associated with this report.

4. HUMAN RIGHTS IMPLICATIONS

There are no human rights implications associated with this report.

5. CONSULTATION

The Directors of Law and Administration, Finance, Housing, Environmental and Consumer Protection, Planning and Transport, Education, Social Work, Contract Services Manager and Personnel Services Manager have been consulted in the preparation of this report.

A B WATSON
CHIEF EXECUTIVE

J R ZIMNY
DIRECTOR OF LEISURE SERVICES

BACKGROUND PAPERS

NOTE: No background papers, as defined by Section 50D of the Local Government (Scotland) Act 1973 (other than any containing confidential or exempt information), were relied on to any material extent in preparing this report.